

# H. G. McCULLY UPSTATE CHAPTER 12

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Editor: Cheryl Abdus-Salaam

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## *H. G. McCullyUpstate's Clowns*

Essex entertained at a dance for the handicapped in Livingston and at a Mother - Son dance in Kearny. They also clowned and had a great time at the March of Dimes Walk at Brookdale Park in Bloomfield. Other events included the Kiwanis Carnival in Livingston and two Memorial Day parades, one in Bloomfield and one in Glen Ridge.

Morristown Life Member Club had Magic the Clown at the Turtle Back Zoo for Friendship Day. She did a walk-around and the kids loved her.

Paterson-Passaic-Ridgewood celebrated May Day at the Passaic DIAL with bingo and goodies. They also helped chaperone a trip to Camp Hope. The staff at the camp made a point of telling them and the DIAL Administrators how much more active and responsive the clients are with them around.

There were three face painters, a line manager, the sticker lady, the photographer and *Bee A Nut*, the clown with her puppets. There were over 1,200 special needs children. Face painter Mildred Denny did a great job!

## *FiOS Day*

Verizon held a FIOS Day on June 2<sup>nd</sup> at the Rockaway Mall from 10:00 a.m. to 1:00 p.m. There was a reading of Disney's *The Lion King* by James Earl Jones at the Children's Reading Corner. After his reading, Mr. Jones led everyone to the Verizon kiosk for a demonstration of FIOS TV and handed out giveaways such as copies of the *Lion King Book*.

## *Talking Books*

The Pioneers have been involved in the Talking Books project since 1960 when the Pioneers were designated the official Talking Books Repair Group by the Library of Congress. Approximately 750,000 library patrons use the Talking Book machines every year. In 2006, 135 Verizon Pioneers repaired 9,450 Talking Book Machines, volunteering over 17,243 hours.

## *Pioneer Elections*

Elections for the H.G. McCully Upstate Chapter #12 Chapter, Councils and Clubs will be held beginning August 1, 2007 to September 28, 2007.

Any member not receiving a ballot can obtain one by calling the Chapter Office at 973-375-9933. Leave your name and address or MAC code and a ballot will be sent to you!

*The Pioneers of H. G. McCully Upstate Chapter #12 perform many community service projects throughout northern New Jersey. We are always looking for new and veteran members to help with these projects. Besides the projects above, our efforts include painting playground maps, reading to children at various schools, working with Women's Centers and much more. We can use your help. Please VOLUNTEER! Call: Joyce Peterson at (973) 350-5207 for more information.*

### INSIDE THIS ISSUE

- 1 McCully Upstate Clowns, FiOS Day, and Elections
- 2 Read-Out on Several Projects
- 3 A Few Tidbits
- 4 How To Contact Us

**Council Receives Community Service Award**

The Essex Council received a Community Service Award plaque for outstanding support and contributions to the Clark School.

**Essex Life Members Club Hug-A-Bears**

Hug-A-Bear Certificates for Community Service were made up and given to the 27 children in the Glen Ridge After-School program. The children helped the members stuff Hug-A-Bears. The Essex Life Member Club is in the process of making Hug-A-Bears to have on Hand.

**Morristown Council Sends Hug-A-Bears to Iraq**

Tom, a soldier in Iraq, who has been receiving Hug-A-Bears from the Morristown Council and distributing them to the children of Iraq sent a note to the Council.

Tom has been putting the bears to good use on medivac flights. His medics hand them out when they pick up Iraqi children that are wounded. He says it is very sad to have to do it but they help them get the care they need when they are caught in battles.

Pictured below is U.S. soldier, Tom, with Hug-A-Bears that will be distributed to injured Iraqi children.



**Volunteers Needed**

September 10<sup>th</sup> will be the start of the National Membership Drive. Encourage your co-workers to become a Pioneer. Pioneering is a great way to give back to the community. If you know someone that is looking for an opportunity to improve their life or the lives of others, please have them sign up on our website at: www.verizonmccullyupstatepioneers.org or contact your local president (listed on the last page of this newsletter) to start reaping the reward of helping others.

**Barnes and Noble Reading**

The Barnes & Noble Book Fair took place on Saturday, June 9, 2007 on Rte 22 in Springfield, NJ. Books were read to children by members of the McCully Upstate Chapter #12. The special attraction of the day was Ruby the Clown who performed tricks and gave out stickers to the children. The parents in attendance were really amazed by the work that the pioneers do for the community and asked that we do this again. The children had a wonderful time and the staff of Barnes & Nobles worked diligently with us. This project will take place once again in the fall of this year.

If you'd like more information on the project, please contact Joyce Peterson at 973 350-5207 or 201 463-1811.

Pictured below Upstate Pioneers: Mary Jenkins, Doreen DeWitt, Ruby the Clown (Becky McDonald), Elaine Russell, Felicia Arrington and Joyce Peterson.



## *DID YOU KNOW....*

*Did you know?... There are more than 600 million telephone lines today, yet almost half the world's population has never made a phone call*

*Did you know?... When Alexander Graham Bell passed away in 1922, every telephone served by the Bell system in the USA and Canada was silent for one minute*

*Did you know?... Today there are almost a billion TV sets in the world. China has the most TV sets (200 million). In the US there are more TV sets than telephones. US citizens watch the most TV. By age 65, an American would have watched the equivalent of 9 years uninterrupted screening, viewing more than 20,000 TV commercials per year*

*Did you know?... On average, you breathe 23,000 times a day. On average, people can hold their breath for one minute. The world record is seven-and-a-half minutes.*

*Did you know?... On average, you speak almost 5,000 words a day - although almost 80% of speaking is self-talk (talking to yourself).*

Information taken from <http://didyouknow.org>

## *Health Consciousness*

### *Pool Safety*

Splashing and playing in the pool is fun but can be deadly too. Each year nearly 350 children under the age of 5 drown in swimming pools. Another 2,600 are treated in emergency rooms for near-drowning incidents. It is important to protect your children around water and educate them on water safety. Consider these suggestions to help ensure safe water playtime fun.

Never leave your child unattended around water. Whether you're at the lake, in your backyard pool, or at the neighborhood pool, young children need constant supervision. Lifeguards are there to keep an eye on everyone; however, they can't watch your child at all times. In a crowded pool of splashing and energetic children, it's difficult for a lifeguard to monitor each child. Children can drown in a matter of minutes. Pool etiquette and guidelines can aid you in keeping your child safe.

Make sure your home pool is fenced in and has a self-closing and/or self-latching gate. The fence should be at least five feet high. Motorized pool covers are great too. They can usually withstand the weight of a child and even an adult. The pool cover must encompass the entire pool. There are several types of alarms that can be used: door alarms, water disturbance and even wristband alarms. Please keep a phone in the pool area in case of an emergency.

## *IN CASE YOU'RE EVER ASKED....*

### *Q: What projects are the pioneers involved in?*

A: There are several on-going projects addressing the needs of our communities. Projects that encourage Education (Verizon/Season Reads, Carpet Maps, Project Connect, 911 Simulator); Community Service (Troop Aid, Ramps, Camp Clean-up, Food Pantry); Environmental (Tabs for dialysis treatment, Outings, Beach/Park Clean-up); Entertainment (sponsors activities for family and friends)

### *Q: What areas does H. G. McCully Upstate Chapter 12 cover?*

A: H. G. McCully Upstate covers the following areas: Hackensack, Englewood-Hudson (Debbie Castellini, President); Essex (Mary Jenkins, President); Morristown (Donna Gallucci, President); Newark (Christine Williams, President); Paterson-Passaic-Ridgewood (Jeannette Watson, President).

### *Q: How does one sign up to become a pioneer?*

A: If you know someone who is interested in becoming a Pioneer they can sign up at:

[www.verizonmccullyupstatepioneers.org](http://www.verizonmccullyupstatepioneers.org) [www.verizonpioneers.org](http://www.verizonpioneers.org)

[www.telecompioneers.org](http://www.telecompioneers.org)

Or they can call Joyce M. Peterson at (973) 350-5207 or email her at [joyce.a.peterson@verizon.com](mailto:joyce.a.peterson@verizon.com).

### *Q: How can you volunteer to work on a project?*

If you are already a Pioneer and would like to sign up to work on a specific project, please visit the websites above or contact Joyce Peterson or e-mail us at : [verizonmccullyupstatepioneers@yahoo.com](mailto:verizonmccullyupstatepioneers@yahoo.com).



***We want to keep in touch with you!***

If you have recently retired, moved, changed your name, or if you know of someone who has,  
Please contact us at:

**Verizon TelecomPioneers - H. G. McCully Upstate Chapter 12**  
**900 Clinton Avenue – Floor 1**  
**Irvington, NJ 07111**  
**Tele: 973-375-9933 or Fax: 973-372-1682**  
**verizonmccullyupstatepioneers@yahoo.com**

H. G. McCully Upstate Chapter 12 located in Northern New Jersey. Our Councils and Life Member Clubs cover an area from High Point at the northern tip of New Jersey to the southern end at Newark, east to New York and the Atlantic Ocean and west to Pennsylvania.

H. G. McCully Upstate Chapter 12 has been in existence for more than 70 years. Our active members and Life Members are well known volunteers meeting a variety of community needs, with special emphasis on education and the environment. The Pioneers of H. G. McCully Upstate Chapter 12 looks forward to welcoming new members and working alongside our Life members on a wide variety of projects. There is something for everyone in H.G. McCully Upstate Chapter 12! For project information, e-mail Joyce Peterson, President: joyce.a.peterson@verizon.com

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